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FOR IMMEDIATE RELEASE

FREE RURAL COMMUNITY LEGAL EDUCATION FORUMS FOR SENIORS
AND/or THEIR CAREGIVERS

A non-profit collaboration presented by the Legal Assistance Project, the HOT-COG Area Agency on Aging, and Friends for Life

August 6, 2008: Health care decisions for the elderly that allow them to maintain their dignity, even when incapacitated, can be of major concern for many families. Knowing what legal forms pertaining to health care can be accessed without the need to hire an attorney can be a big help. Finding out about local social services that are available for the aging or disabled adult can make a critical difference in their care. This fall, the Legal Assistance Project, a social action ministry of Lutheran Ministries and Social Services of Waco (LMSS-Waco), in collaboration with the Area Agency on Aging and Friends For Life, continues to offer a series of free public legal information and technical support forums for seniors and their caregivers throughout both rural senior center locations and the Area Agency on Aging facility. Topics such as navigating the Medicare system, Medical and Durable Powers of Attorney, Health Directives, Guardianships, and Wills and the Probate process, will be covered. All information will be presented in an easily accessible group format designed to help both seniors and their caregivers through the sometimes overwhelming decision-making process involved in long term-care planning.

Current scheduled dates and locations are: (Contact the respective Senior Centers for times)

Thursday Sept. 4th, 9:00 - noon, at the Heart of Texas Area Agency on Aging facility at 1514 S. New Road, Waco

Thursday Sept 18th, at Westphalia Senior Center

Thursday Sept 25th, at Hillsboro Senior Center

Thursday October 9th, 9:00-noon at the HOT AAA facility in Waco

Wednesday, October 22nd, at Rosebud Senior Center

Wednesday October 20th, at McGregor Senior Center

*Major sponsors of these forums include the
Lutheran Services for the Elderly Endowment at the ELCA Foundation and the Rapoport Foundation*

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If you'd like more information about this topic, or to schedule an interview with Francine Lumbard, Legal Assistance Project Director, call (254) 757-3401, email us at legalassistanceproject@yahoo.com, or write us at 1008 Jefferson Ave, Waco, TX 76701

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