

Let Justice Roll Down



40 Days of Discovery

- 1 Colossians 3:9-17
Start a journal. Write down the number of times you turn on the faucet, flip a light switch or reach into the refrigerator. What things do you take for granted?
- 2 Micah 6:6-8
Use a topical Bible to look up verses about taking care of the earth. Meditate on these and think what you might do to become a better caretaker.
- 3 Luke 10:25-37
Start a container garden. Find some containers that you already have and plant herbs.
- 4 2 Corinthians 8:1-21
Find out if your local restaurants give their extra food to feeding programs. If not, help them organize a food reclamation project. Go to www.foodrescue.net for more information.
- 5 Deuteronomy 15:8-11
Set up a church-wide recycling center and get the children to promote it with announcements and skits.
- 6 1 John 3:16-18
Get the youth in your church to assemble clean-up kits for disaster areas. Church World Service can provide information. Go to www.churchworldservice.org.
- 7 Matthew 19:16-22
Find out if your denominational mission office has an international well-digging project. Get your Bible class to raise money to help.
- 8 Luke 16:19-31
Pray for people who have lost their homes or been displaced by fires, floods, armed conflict or economic downturn.
- 9 Amos 8:4-7
Find out if your community has a CROP Hunger Walk to raise money and hunger awareness. If so, get involved. If not, consider organizing one. For more information, see the CROP Hunger Walk page at www.churchworldservice.com.
- 10 Isaiah 32:1-8
Hold a group discussion on this topic: What if the Beloved Community included the whole universe?
- 11 James 5:1-6
Write to your national leaders and tell them that care of the earth is important to you.
- 12 Acts 20:32-35
Stay up-to-date with the state of hunger in other countries through the online Newsroom of the UN World Food Programme at www.wfp.org/news.
- 13 Leviticus 23:22
Pray for the 663 million people who don't have access to clean water, and for the 815 million who don't have enough to eat.
- 14 Isaiah 61:1-4
Invite your friends to come with you to volunteer at a soup kitchen or a food pantry today. Sit down and talk to one of the guests.
- 15 2 Corinthians 9:6-10
Organize a cooking class for low-income families. Go to cookingmatters.org for free educational tools and a virtual tour of the grocery store.
- 16 Matthew 22:34-40
Volunteer to become a Kids Hope USA mentor through a school-church partnership near you: www.kidshopeusa.org/home.
- 17 Matthew 25:31-40
Organize an Agape Meal in your community. Once a week or once a month, invite your church's neighbors to a sit-down, family-style meal with tablecloths, flowers, servers and table hosts. Afterwards, have a prayer time for those who want to participate.
- 18 Luke 1:46-55
Sit in the waiting room at a local emergency assistance agency for two hours, and just listen to the people.
- 19 Isaiah 10:1-4
When you go grocery shopping, buy extra canned food, peanut butter or other staples for your local food pantry. Call the staff and ask them what they need the most.
- 20 Isaiah 1:12-17
Learn about the impact of your purchases by visiting the Better World Shopper site at betterworldshopper.com and learn how the goods you purchase affect others around the world.
- 21 Romans 12:9-21
Organize a blanket and warm clothing drive in your church. Give the items to a local shelter.
- 22 Psalms 107:33-43
Use some of your coffee budget to purchase travel-sized toiletries. Put them in a baggie and give them to the street people you see.
- 23 Acts 4:32-35
Go to www.seedspublishers.org/news to read about climate change & famine in the spring 2017 issue of *Hunger News & Hope*.
- 24 Deuteronomy 10:12-19
Read about how gender inequality and discrimination affects world hunger, at www.fao.org/gender/gender-home/gender-programme/gender-food/en.
- 25 Ezekiel 16:48-49
Research microloans and learn about different ways people can use these loans to break out of poverty.
- 26 Luke 19:1-10
Take time to learn more about the Supplemental Nutrition Assistance Program (SNAP), at www.fns.usda.gov/snap/nutrition-education.
- 27 Jeremiah 7:5-7
Watch *Too Wet, Too Dry, Too Hungry*, a video from Bread for the World (www.hungerreport.org/episode-one).
- 28 1 Timothy 6:17-19
Go to the grocery store with someone who pays with a SNAP (formerly Food Stamp) card, and watch the people around you for their reactions.
- 29 Galatians 6:7-10
Pray for the earth and all her creatures.
- 30 Psalms 82:1-4
Look up the Flint, MI, water crisis. Find out what happened and what is still happening. Start a discussion group about water justice.
- 31 James 2:1-8
Give one of your favorite garments to a thrift store or clothing program.
- 32 Zechariah 7:8-12
Organize a hunger banquet in your community. You can find resources at actfast.oxfamamerica.org.
- 33 Leviticus 25:5-17
Download and read *Fragile Environments, Resilient Communities*, the award-winning Bread for the World Institute's 2017 Hunger Report (www.hungerreport/2017).
- 34 Luke 12:16-21
Drink only water for a week, and give thanks for an abundance of clean, safe water.
- 35 Isaiah 58:6-10
Get a reusable water bottle and use it instead of buying bottled water.
- 36 Luke 14:15-24
Plan an alternative trip for your youth. Check out "Living on the Other Side" at the World Hunger Relief farm in Elm Mott, Texas. Go to www.worldhungerrelief.org for more information.
- 37 Malachi 3:5
Sign up for the Food Research and Action Center's hunger news digest (www.frac.org/subscribe-to-eneews).
- 38 Job 31:16-28
Find out if there's a weekend backpack program for food-insecure schoolchildren in your area. If there is, volunteer to help. If there isn't, google "backpack programs," and see what you can do.
- 39 John 6:1-14
Calculate the weekly budget for a family of four living on minimum wage in your community.
- 40 Isaiah 65:17-25
Don't ever let anybody tell you that you can't make a difference in the world. Promise yourself that you will never forget that.